



ANCIENT OLD WISDOM, NEW SCHOOL VIBES

ELEVATE YOUR COMMUNITY WITH MIND/BODY/SOUL WELLNESS EXPERIENCES

Chakra Kingdom is a cutting edge frequency healing system & formula designed for healing and transformation through integrating sound, chakras, energy, subconscious rewiring, movement and awareness work.

Offerings

1:1 Client Container Retainer Options ;

FlowState - (90 Day Container) : Includes one weekly 1.5hr Reiki & SoundBath or Yoga & SoundBath session - \$800/Month

Paradigm Shift - (90 Day Container) : Includes one weekly 1.5hr Reiki & SoundBath or Yoga & SoundBath session plus the 90 Day Transform Series Module work, meditations, binaural beats & tools with one weekly 30 minute check in call and text access. - \$1650/Month

Group Session Activations (1 - 1.5HR Sessions available & 3-5HR Workshop Combos)

- Chakra Focused Yoga & Sound Bath Session
- Chakra Focused 7 Crystal Bowl Sound Bath Session
- Chakra Focused Fitness & Sound Bath Session

**Pricing varies on group sizing & activation details - Estimate \$35-\$95 Per Person with \$350 Minimum for 1 - 1.5HR Sessions and Workshop Combos 3-5HRS (combining Chakra Transform Series Work with Yoga & Sound Bath Session Activation : Estimate \$99 - \$399 Per Person with \$600 Minimum for 3-5HR*

Corporate/Sports/Organization Activations ; (4 Week PILOT Programs available upon request)

GROUP FlowState - (90 Day Container) : Includes one weekly group 1 - 1.5hr Chakra Focused Reiki & SoundBath or Chakra Focused Yoga/Fitness & SoundBath session per week - **Pricing varies depending on participants and activation details*

GROUP Paradigm Shift - (90 Day Container) : Includes one weekly group 1HR Chakra Focused Reiki & SoundBath or Chakra Focused Yoga/Fitness & SoundBath or full Sound Bath with 1HR Per week online zoom call guiding the team through the 90 Day Transform Series Module framework, meditations, binaural beats & tools for team and group elevation with MIND/BODY/SPIRIT progress report system and management communication for teams performance refinement.